

# Wellness Coach

## DESCRIPTION OF THE ROLE

Certified Wellness Coaches (CWC) provide care to young people through prevention and early intervention services. These services support overall physical, emotional, and mental well-being.

Core Competencies and Skills:

- Cultural responsiveness, humility, and mitigating implicit bias
- Professionalism, ethics, and legal mandates
- Communication
- Operating in different roles and environments

Core Services:

- Wellness promotion and education
- Screening
- Care coordination and extension
- Individual support
- Group support
- Crisis referral

## EDUCATION REQUIREMENTS

The CWC Workforce Pathway is for those currently working in mental health, substance use/addiction, social work, or child welfare. They also need to have an associate's or bachelor's degree in a related field.

The CWC Education Program Pathway is for prospective applicants that are newly enrolled, currently enrolled, or recently graduated. They need to have, or be working towards, an associate or bachelor degree in Health and Human Services, Social Work, or Addiction Studies. **Website:**

<https://cawellnesscoach.org/for-educational-programs/>

## SANTA CLARA COUNTY PROGRAMS THAT SUPPORT THIS PATHWAY

Contact **Educator Workforce Pathways** at the Santa Clara County Office of Education for program advising and coaching. **Website:** [www.sccoe.org/epp](http://www.sccoe.org/epp)